



Newcastle University BC



TYNE SINGLE SCULLERS HEAD

**Sunday – 8th September 2019
In 3 Divisions – 9:15am, 11:30am & 1:45pm *
3000m – Blaydon to Newburn**

Put into practice your summer season's sculling skills!

Events are offered for single sculls only:

- Division 1** – Junior Boys and Girls (J13 to 18)
- Division 2** – Senior Open and Masters Women
- Division 3** – Senior Women and Masters Open

Seniors: Will be grouped in line with the PRI System

Masters: All age categories (Handicaps will be applied according to ages entered)

Senior/Masters may double up

J18 athletes may double up as Seniors

Entries via BROE only; payment by close of entries Limit of 100 per Division

Entry fee: £10 per seat Prizes: at least 3 on draw and 2 racing

Close of entries: 12 midnight Mon 2nd Sept 19 Draw: 8.00pm Tues 3rd Sept 19

** plus*

Newcastle Sprint Championship

**3:45pm - 1000m Time Trial - on BROE as Division 4
Open & Women (J13 to J18, Senior, Masters)**

Entry fee: £5 per seat

Close of entries and draw info as above

Documents and updates will be posted at <http://newcastlerowing.com>

General and entry enquiries: nubcscullershead@gmail.com

Run under *British Rowing Rules of Racing*

ROWING UP

Any junior crew entered in an event with less than three entries will be deemed entered in the next age group or, for masters, in a combined age group (to be run with handicaps): we will try to inform you in advance if affected. By doing this we will endeavour to create entry categories that make you eligible for a prize and more importantly that you get a good, competitive race. Let us know when entering if 'rowing up' is not acceptable to you.

Masters handicaps will be based on the fastest same-gender time within a division. The speed of crews cannot be compared across divisions due to changes in tidal flow.

NB In concordance with BR rules J13 and J14 athletes will only be allowed to row up one age category.

INSTRUCTIONS TO CREWS

Depending on the number of entries, boating may be from Tyne Amateur Rowing Club (TARC), Tyne United Rowing Club (TURC) or Newcastle University Boat Club (NUBC).

The Tyne can be quite challenging even in September and you can expect to be on the water for a long time. We also have steps and maybe mud! **Wellington boots are advised and some form of footwear you don't mind getting wet is a requirement for boating** - no flip flops, please. Ensure you have adequate clothing with you in the boat. It is the responsibility of coaches to ensure that their rowers - especially juniors - have sufficient warm/waterproof clothing. The trailer parks can be very muddy also.

Collect your plastic bow number in good time from Race Control at **TARC** (only) and ensure it is securely fastened to the Empacher slot before you boat. Your bow number, boating location and boating time will be shown on the start order. You must boat at the time shown on the start order and set off down the course in plenty of time. The last rowers must leave the landing stages by 08.45am for Division 1, 11.00am for Division 2, 1.15pm for Division 3 and 3.25pm for the Sprint Championship (Division 4).

Ensure you have your oars on the landing steps as you reach the water and get into your boats as quickly as possible, getting your feet in shoes etc once you have pushed off from the landing. If not taking wellies with you, please have someone collect them for you. Move away from the landing promptly so as not to obstruct others behind.

You are responsible for making your own way down to the start (normal rules of the river apply) and for taking up position within the marshalling area as shown on the start area maps, to be published the week before the event. Please note tide and wind conditions may cause us to vary the marshalling plans on the day. Marshalls will assist you.

You must be in position 10 mins before the start time. Launch marshalls will ask you to move towards the start in order and keep this order till past the start umpire. You will be started with the words "Number X, Club Y- GO" from the bank. Your time will be taken at the start line about 20m further on, where there should be a banner.

During the race, rowers being overtaken must avoid impeding those behind; allow faster rowers the shortest line. Marshalling and safety boats will be on the course. If you do have an accident, stay with your boat until help arrives. Do not attempt to swim to the bank without your boat. If you see another boat in serious trouble, please stop and help until a rescue launch arrives.

At the finish and during the return to the steps rowers must obey the instructions of the marshalls. You must continue rowing through and well past the finish as other rowers may be coming up behind. Turn around the launch above the finish and for all events return towards TARC close in to the **north** bank. Those crews returning to NUBC and TURC must continue to just downstream of Newburn Bridge and only cross the racing line when advised.

LOCAL RULES

Rowers not ready to boat at the allocated time or at the start in good time will be liable to a time penalty of up to 10 seconds, or disqualification for excessive lateness. Failing a control commission check will be not be an excuse.

Rowers impeding others who are overtaking them may get a time penalty of up to 10 seconds. Rowers when racing **MUST** use the south centre arch of Newburn Bridge as shown on the finish area map to be provided. Rowers failing to do so will be liable to a time penalty of up to 10 seconds or may be disqualified if seriously prejudicial to safety.

OTHER INFORMATION

RACE CONTROL and FIRST AID: These will be staffed all day at TARC on the north bank.

PARKING: Only trailers and towing vehicles can be guaranteed parking at TARC and TURC. Car parking for crews boating at TARC is available further west along Grange Road (across the road north of Newburn Activity Centre – a 10 minute walk back to TARC). For TURC you can use Newburn Bridge Approach Road alongside the club (but do not block the entrance). Parking for trailers boating from there and cars generally will be available at NUBC.

CATERING: Hot and cold food and drink will be available for purchase at TARC and TURC.

INSURANCE: Note that your BR membership insurance is only valid for UK residents who are resident in this country for more than six months in a year.

Tyne Single Scullers Head – 8 Sep 19 – poster issued 15 Aug 19